

Preface from the Editors

Dear Reader,

It is our utmost pleasure to share with you the second issue of the 95th volume of the *UTMJ*. For this issue, we set our sights on a rapidly-expanding field of research that has found a special place within medical and commercial realms. Among the myriad of human disease and illness, brain health stands out as an engrossing topic. While the subtle intricacies of the brain have long evaded yet intrigued us, groundbreaking advances in neuroscience research have been pivotal in furthering our understanding of this three-pound universe.

We are delighted to present research on a variety of specialties pertaining to brain health including neurology, psychiatry, and neurosurgery. This issue features interviews with clinician-educators and clinician-scientists conducting research at the forefront of their fields including the world-renowned Dr. Andres Lozano, who shares his experience with the surgical treatment of movement and psychiatric disorders. In addition, we shed light on controversial issues such as the medical marijuana debate and our healthcare system's historically-siloed treatment of comorbid mental illness and substance use disorder. Our commentaries from distinguished faculty researchers are equally diverse in scope and tone, ranging from a word of caution regarding the impending Alzheimer's

Disease pandemic to a hopeful outlook on the future of anti-depressant pharmacotherapy.

Brain health research is on the rise and is poised to uncover mysteries of the brain that were once thought to be unsolvable. It is in this spirit of advancement that the 2017-2018 *UTMJ* team has endeavoured to compile this issue. We would like to express our gratitude for the dedication and hard work of our diverse team of managing editors, associate editors, section reviewers, copy editors, the interview team, cover artist, and web developers. As always, we appreciate the generous sponsorships from our esteemed patrons. Last but not least, we would like to thank you, the reader – we hope you enjoy reading this issue as much as we enjoyed preparing it!

Sincerely yours,

Alexander Adibfar
Brij Karmur

Editors-in-Chief, UTMJ